

St. Thomas Mar Thoma Church, NY

34 Morris Street, Yonkers, NY 10705

<http://www.stthomasmtc.org>

Mar



2011

Secretary:

Ullas P. Thannickal

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Vicar / President:

Rev Joseph Johnny

34 Morris St, 2nd Fl.

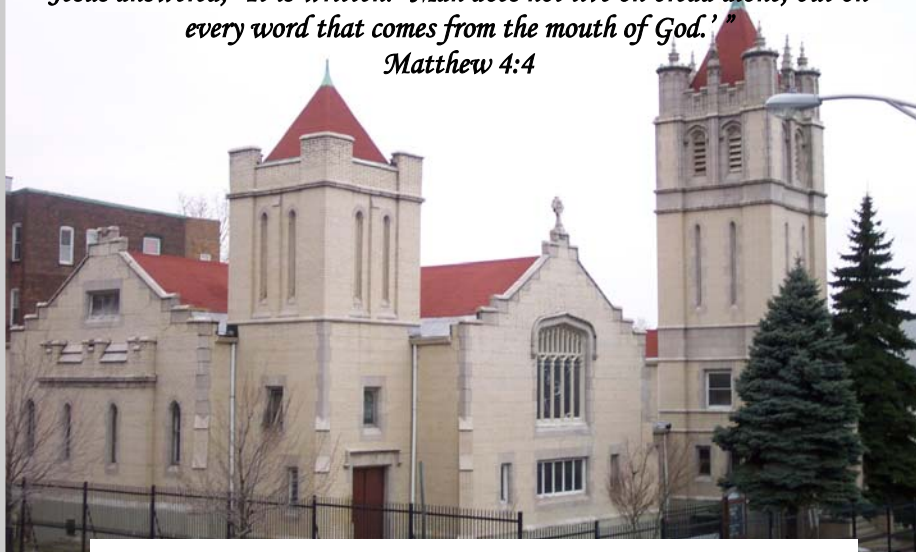
Yonkers NY 10705

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Jesus answered, "It is written: 'Man does not live on bread alone, but on every word that comes from the mouth of God.'"

Matthew 4:4



NEWSLETTER VOL. XXXI NO. 3

WORSHIP SERVICE SCHEDULE

Date	Time	Worship
Sun, Mar 6	9:30 am 10:30 am	Praise & Worship (Malayalam), Bible Class Holy Communion Service, <u>English</u> <u>(Diocesan Sunday)</u>
Sun, Mar 13	9:30 am 10:30 am	Praise & Worship (Malayalam), Intercessory Prayer Holy Communion Service, <u>English</u>
Sun, Mar 20	9:30 am 10:30 am	Praise & Worship (Malayalam), Bible Class Holy Communion Service, <u>Malayalam</u>
Sun, Mar 27	9:30 am 10:30 am	Praise & Worship (Malayalam), Bible Class Holy Communion Service, <u>Malayalam</u>

MAR THOMA SYRIAN CHURCH OF MALABAR LECTIONARY CHRISTIAN YEAR — 2011 MARCH

Date	1st Lesson	2nd Lesson	Epistle	Gospel
Sun, Mar 6	Isa. 58:1-10	2 Cor. 5:11-21	Col. 3:1-11	St. John 2:1-11
Sun, Mar 13	Isa. 6:1-8	Heb.10:1-10	1 John. 1:5-10	St. Mark. 1:40-45
Sun, Mar 20	1 Kings. 17: 17-24	Acts. 9:26-35	Col. 1:1-14	St. Mark. 2:1-12
Sun, Mar 27	Joel. 2:12-20	Acts. 10:34-48	Phil. 4:4-9	St. Mark. 15: 21-28

IMPORTANT DAYS IN SABHA/DIOCESAN CALENDAR

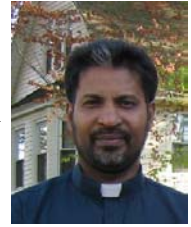
Date	Importance of the Day
Fri, Mar 4	World Day of Prayer
Sun, Mar 6	Beginning of Great Lent—"Lent: Transformation and Renewal"
Mon, Mar 7	The Service of Reconciliation during the Great Lent (Shubkono)
Sun, Mar 13	Cleansing Lord (2nd Sunday in Lent)
Sun, Mar 20	Illumination of Faith (3rd Sunday in Lent)
Fri, Mar 25	Feast of Annunciation to Virgin Mary
Sun, Mar 27	Lord who listen to the Cry (4th Sunday in Lent)
Wed, Mar 30	Mid-Lent—Salvation through the Cross

~Vicar's Message~

A Different Approach to Fasting

Dearly beloved in Christ,

Once again we are approaching a Lent season beginning on March 6 spreading over to the following 50 days. The season of Lent is meant to refocus our vision on the sacrificial life, death and glorious resurrection of Jesus. The Lent meditations and fasting will help us to have a meaningful conversion experience and a renewed vision of spiritual truths. In fact it is the time of renewal and re-creation in Christ. It is a season of memory and hope. Lent is a season of memory because we recall our Lord's humiliation, sacrificial life and death on the cross. It is a time of hope because as we translate those experiences into our life situations of distress and rejection, pain and agony we attain confidence to live in a world of difficulties, sin and perversions. Our relation with Christ will help us to lead a life of victory and joy.



Renunciation and fasting are integral to the Lent observance. If we are not in a position to keep ourselves from the attractions of this world, its affluences, pleasures and extravagances, we won't be able to reflect upon the deeper and higher values. Certainly our Lent observations must help us to abstain from material inclinations and addictions to unravel deeper and meaningful excavations of spiritual truths and values that make our lives more authentic and transforming.

This time, let us try to observe fasting with a difference. Let us set apart those resources which are consolidated by way of fasting for providing to the poor and needy people who are deprived of the basic necessities of life. We fast to feed others! Most of the time when we think about fasting, the first thing that comes in to our minds is abstaining from food. True, that will enhance our physical health by providing rest to the body and increase our spiritual strength since we will be in a position to focus on spiritual truths whole heartedly without distractions. We need a different and more authentic approach to fasting.

- Fast from anger and hatred.
- Fast from judging others.
- Fast from discouragement.
- Fast from complaining.
- Fast from resentment and bitterness.
- Fast from spending too much money.



Area	Date & Time	Location
Manhattan / New Jersey	TBA	TBA
Yonkers South (McLean Ave) / Bronx	TBA	TBA
Upper West- chester / CT	TBA	TBA
Queens / Long Island	Sun, Mar 13, 6:30 pm	Mr. Lukose K. Koshy Bellerose, NY
Yonkers East (Central Ave	Sat, Mar. 19, 6:30 pm	Mr. Jacob Vaidian Yonkers, NY
Rockland	Sun, Mar 20, 6:30 pm	Mr. Jacob Oommen Congers, NY
Yonkers North (Broadway)	TBA	TBA
Yonkers West (Church- Riverdale)	TBA	TBA

MONTHLY FASTING PRAYER

Event	Date & Time	Location
Monthly Fasting Prayer	Sat, Mar 19, 10:00 am	Mr. Daniel P. K. Vaidyan Hartsdale, NY

March Evening Lent Prayers

Event	Date & Time	Location
Evening Lent Prayer	Mon, Mar 07, 7:00 pm	Mr. Aju Puthenveedu Daniel Yonkers, NY
Evening Lent Prayer	Tue, Mar 08, 7:00 pm	Mr. Thomas Mathew Yonkers, NY
Evening Lent Prayer	Wed, Mar 09, 7:00 pm	Mr. John K. Abraham Spring Valley, NY
Evening Lent Prayer	Thu, Mar 10, 7:00 pm	Mr. Thomas Varghese Yonkers, NY
Evening Lent Prayer	Fri, Mar 11, 7:00 pm	Niresh Oomen New Rochelle, NY
Evening Lent Prayer	Sat, Mar 12, 7:00 pm	Mr. Thankachen Geevarghese Portchester, NY
Evening Lent Prayer	Mon, Mar 14, 7:00 pm	Mr. P. C. Chacko Portchester, NY
Evening Lent Prayer	Tue, Mar 15, 7:00 pm	Mr. Jacob Oommen Congers, NY
Evening Lent Prayer	Wed, Mar 16, 7:00 pm	Mr. Thomas Oommen East Meadow, NY
Evening Lent Prayer	Thu, Mar 17, 7:00 pm	Mr. John A. Thomas Yonkers, NY

March Evening Lent Prayers

Event	Date & Time	Location
Evening Lent Prayer	Fri, Mar 18, 7:00 pm	Mrs. Mariamma Andrews Yonkers, NY
Evening Lent Prayer	Mon, Mar 21, 7:00 pm	Mr. M. J. George Yonkers, NY
Evening Lent Prayer	Tue, Mar 22, 7:00 pm	Mr. Thomas P. John Yonkers, NY
Evening Lent Prayer	Wed, Mar 23, 7:00 pm	Dr. T. M. Thomas Suffern, NY
Evening Lent Prayer	Thu, Mar 24, 7:00 pm	Mr. Mathew Abraham Portchester, NY
Evening Lent Prayer	Fri, Mar 25, 7:00 pm	Mr. P. John Joseph Yonkers, NY
Evening Lent Prayer	Sun, Mar 27, 7:00 pm	Mr. Samuel K. Samuel Dobbs Ferry, NY
Evening Lent Prayer	Mon, Mar 28, 7:00 pm	Mr. Thomas Mathew Yonkers, NY
Evening Lent Prayer	Tue, Mar 29, 7:00 pm	Mr. P. M. Varghese Yonkers, NY
Evening Lent Prayer	Wed, Mar 30, 7:00 pm	Mr. Kuruvilla T. Abraham Elmont, NY
Evening Lent Prayer	Thu, Mar 31, 7:00 pm	Mrs. Accamma Verghese Yonkers, NY

Organizational Meetings

EDAVAKA MISSION

Prayer Meeting at Church every Wednesday at 7:00PM
Except

Event	Date & Time	Location
Bible Study	Wed, Mar 02, 7:00 pm	Mr. Abraham Koshy

SEVIKA SANGHOM

Bible Study - 3rd Sunday at Church
Friday Prayer Meeting

Sevika Sanghom	Date & Time	Location
Friday Prayer	Fri, Mar 4, 9:30 am	Mrs. Sosamma Abraham Yonkers, NY
Friday Prayer	Fri, Mar 11, 9:30 am	Mrs. Rachel George Yonkers, NY
Friday Prayer	Fri, Mar 18, 9:30 am	At Church
Friday Prayer	Fri, Mar 25, 9:30 am	At Church

SUNDAY SCHOOL

Sunday Schools Starts at 9:00AM every Sunday

Senior Citizens Fellowship

2nd Sunday, March 13, 2011 after worship service

Young Families Fellowship

Event	Date & Time	Location
Cottage Prayer	TBA	TBA

YUVAJANA SAKHYAM

Event	Date & Time	Location
Cottage Prayer	Fri, Mar 11, 7:00 pm	Niresh Oomen New Rochelle, NY

EXECUTIVE COMMITTEE - 2011

<u>Position</u>	<u>Full Name</u>	<u>Home Phone</u>
OFFICE BEARERS		
Vicar/President	Rev. Joseph Johnny	(914) 376-6530
Vice President	Mr. John C. Thomas	(914) 494-1931
Secretary	Mr. Ullas P. Thannickal	(845) 638-8075
Treasurer	Mr. Raju P. Varughese	(845) 269-3647
Accountant	Mr. Samuel Ninan	(201) 692-0649
Lay Leader - Malayalam	Mr. John P. Varghese	(914) 968-1126
Lay Leader - English	Mr. Blessen Kurian	(845) 352-3178

AREA PRAYER GROUP REPRESENTATIVES

Manhattan/NJ	Mr. Jacob M. Varghese	(201) 384-0041
Queens/LI	Mr. Kuruvilla T. Abraham	(516) 326-8461
Rockland (Spring Valley)	Mr. John K. Abraham	(845) 426-2327
Rockland (Outside Spring Valley)	Mr. P. T. Thomas	(845) 826-1110
Upper Westchester/CT	Mrs. Annamma Mathew	(914) 939-8194
Upper Westchester/CT	Mr. Abraham Koshy	(914) 738-0688
Yonkers East	Mr. Jacob Vaidian	(914) 337-2470
Yonkers North	Mr. K. C. Thomas	(914) 963-3499
Yonkers South/Bronx	Mr. Thomas P. John	(914) 965-3979
Yonkers West	Mr. Mathew John	(914) 346-5859

MANDALAM & DIOCESAN REPRESENTATIVES

Sabha Mandalam	Mr. M. J. George	(914) 376-7185
Diocesan Representatives	Mr. John Abraham	(845) 634-9319
	Mr. Sunny P. Ninan	(845) 634-4925

ORGANIZATIONAL REPRESENTATIVES

Choir	Mr. Jeff Joseph	(914) 237-6594
Edavaka Mission	Mr. John Kurian	(845) 426-2327
Sevika Sangham	Mrs. Marykutty Thomas	(845) 826-1110
Sunday School	Mr. T. P. Jacob	(516) 365-3750
Youth Fellowship	Mr. Litten Thomas	(845) 290-9962
Young Family Fellowship	Mrs. Suja Thannickal	(845) 638-8075
Yuvajana Sakhyam	Mr. Mathew Varghese	(845) 268-2590

AUDITORS

Mr. Geevarghese Kochumman	(914) 948-2363
Mr. George M. Varkey	(845) 268-0812

If undelivered

Please return to:

St. Thomas Mar Thoma Church
34 Morris Street
Yonkers, NY 10705

FOR PRIVATE CIRCULATION

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HELPING THE
CHURCH SAVE
EVERY PENNY
COUNTS.

reflection

focus

40 days

prayer

LENT

devotion

sacrifice

fasting