



The Mar Thoma Church Diocese of North America & Europe Christian Education Forum

Lenten Meditations

BLESSEDNESS OF HUMILITY

James 4:1-10

Every one must have heard about evangelist D.L.Moody. Once he visited a prison called "The Toombs". He went there to preach to the inmates. After he finished speaking, Moody talked to number of inmates and asked questions "what brought you here?" and he received the answers like this."

I was framed", "I was falsely accused", "I was not given a fair trial". Not one of them would admit that they are guilty.D.L.Moody finally found a man with his face buried in his hands. He was weeping. Moody asked, "What's wrong my friend? The prisoner responded, " My sins are more than I can bear," Evangelist Moody exclaimed. He thanked God for that. Then Moody joyfully led him to saving knowledge of Jesus Christ.

*"God extends his grace to the
humble, but he resists the
proud."
James 4:6*

Attitude of Humility

Humility is an attitude of dependence as we recognize that all we have is a gift of God. As James explains in this chapter God extends his grace to the humble. When God sees someone who is humble, he sees someone with whom he can entrust his grace. Humility is an attitude of heart. God responds to the humble prayer. In order for us to be humble what we should do? In James 4:7. James says, " Submit yourself therefore to God." Promoting our own importance leads to stumbling. But focusing on glorifying God and meeting the needs of others gives us the perspective of being wise.

Example of Christ

Christ is the greatest example of humility as he laid down his heavenly garments and clothed himself in human flesh. That's the ultimate act of humility. God doesn't want pride to dominate in our heart. Rather God in his mercy sends us ample warning in scripture. God gets out a bunch of yellow road markers and plants them all over Bible to get our attention, and to warn us, and to help us. The biggest and the boldest and brightest of all these markers is CHRIST. . Christ who came and died for us that we all be freed from our sins including our pride. Christ who lived like us, but even though he was the greatest man on the earth, lived without even boasting or being proud of that.

Let us truly reflect of the price that Christ paid on the cross for us. Let us acknowledge our dependence upon God and our needs for him in our lives, .Let us express our gratitude in our prayers. And at the end of the day let us reflect how God showed his grace on us.

PRAYER

Blessed savior , make me humble,
Take away my sinful pride.
In myself I am sure to stumble.
Help me stay close by your side.

Ms.Hepsey Maruthelil, New York