



The Mar Thoma Church Diocese of North America & Europe Christian Education Forum

Lenten Meditations

ALTERNATIVE LIFE STYLE - SETTING PRIORITY

Recently I got a very good one liner from one of my friends. When I asked him; "How old is his dad?" He replied – "My Dad is so old that when he was in school, history was called current affairs." O Man! That's funny but tells a big truth that life is a journey. And whether we recognize or not, we are moving ahead towards our destiny. But is that journey fulfilling and peaceful? That's the biggest question we have to ask as a believer. Reality is - it's not. Why - because our worries takes away our peace and contentedness. So the million dollar question is how to deal with our worries? For that first we have to understand what does it mean by word "Worry"? Dictionaries define word "Worry" as something which strangles or disturbs. Or in other words worry is our thoughts, which take away the vitality out of our lives and disturbs our free movement towards future. Or in other words worry is something inside us - and solely our own - and hence to be dealt solely by us. So how are we going to deal it? In verse 30 - 31 our Lord asks us to do 2 things

Have faith on Provider (v 30): Faith can be defined in many ways; but here it is used as "Having Trust". When do we trust someone? Only when we know that person. And how can we know someone? Only by having a relationship with that person. Lent is a golden opportunity to establish a relationship for those who haven't a relationship with God and to strengthen the relationship for those who already one.

Live in Today (v 31): Lord says that our life has bigger goal than fulfilling mere necessities of food, shelter and clothing. But that goal can be achieved only by living and doing what we are supposed to do now. So what is our priority - wasting our present by worrying about the consequences of the past and needs of the future, or today living a life for Jesus and his kingdom?

PRAYER: O Lord! Let we not weaken our present by worrying about future; instead strengthen us to live for your kingdom and for your Glory.

Rev. Alex Peter, Chicago

"But seek his kingdom, and these things will be given to you as well. Do not be afraid, little flock, for your Father has been pleased to give you the kingdom."- Luke 12: 31,32